MirrorOFFERS



WOODEN COLD FRAME Now £39.99 plus £6.95*

Extend the growing season and keep your delicate plants protected from harsh weather conditions with a wooden cold frame from Garden Grow. Cold frames are great for protecting young seedlings, vegetables or flower beds from adverse weather, primarily the cold and wet. Lift and transplant fragile plants into the cold frame for protection from frost through the

winter months. The transparent roof and windows allow sunlight to penetrate without the risk of heat escaping. It is constructed using strong and durable fir wood with polycarbonate panels. Self-assembly is required. It features a binged lid and measures 1.90 x W48 x H49.5cm.

G2164 Cold Frame



THERMAL TAP JACKETS Twin pack now £9.99 plus £3.95

Ice can wreak havoc with your plumbing during the colder months and can result in burst pipes and extensive damage to your home. Avoid any potential disasters by installing one of these instant-fit insulating tap jackets - it takes just seconds to securely fit in place thanks to the pair of neat Velcro fasteners. Use it on outside taps, attic taps, under-sink stopcocks and any other valve or tap that may be prone to freezing up.

D9146 Thermal Tap Jacket

Call **0843 922 5001** (guoting 96898) or visit MirrorOffers.co.uk

Call our UK-based sales team or visit our website now for thousands of great deals on clothing, kitchen, home, garden, health and hobbies

Our 'was' pricing refers to the original selling prices offered on our website www.cjoffers.co.uk, and in our retail store between 5th August -3rd November 2019. Calls cost 7p per minute plus your phone company's access charge. Allwor 7 working days for delivery, if you are not happy for any reason we will accept return of faulty/unused goods in sealed original packaging for full refund or replacement within 30 days. These goods are sold and supplied by BVG Group with whom you contract when you accept this offer. "Please note that due to the weight of this product, delivery will take between 5 and 7 days and is charged at £6.95. Due to courier limitations we are unable to deliver this product outside mainland UK, to Scottish Highlands, Isles or BFPO addresses.

58 SUNDAY MIRROR SUNDAY 17.11.2019

Gardening Club



Pools of light give vour pond life a lift

Can I have lights in my pond? **Bill, via email** DAVID: You can buy special aquatic lights that sit at the bottom of a pond and cast their light upwards, which can look really striking.

The light can be white or coloured and will give you a view of the pond life as the evenings draw in. Visit your local garden centre for advice on the best product for you, and how to install them.



Mind the gap? Pack out bare borders

What's a good plant to fill them at this time of year? Heather, Swansea **DAVID:** Winter-flowering

plants such as hellebores, heathers or fantastically fragrant Sarcococca (sweet box) are an ideal instant fix.

And it's still a great time to plant hulbs like snowdrops also available fully flowering in pots - and any other spring bulbs that need their roots established to give a splash of post-winter splendour.

TIP of the week

Encourage worms by laying mulch over the soil. Vital for growing great veg, worms can eat their own weight in soil in one day - enriching it in the process. Most live in the top 12 inches of the soil, so there's no need to dig nutrients in deep to help nourish them.

GET IN TOUCH

For loads more hints and tips on gardening visit daviddo noney.com or follow me on Facebook at @DavidDomonevTV or on Twitter @daviddomoney

Don't let the cold keep you from enjoying the thrill of home-grown food. It's time to get your gourmet kitchen kicks by cultivating your veg on a ledge

here is an idea sometimes that once the weather gets cold, gardening for food stops. But that doesn't have to be the case... there are many things to eat that you can grow indoors in winter.

A lot of it is great fun – and picking fresh food from your own kitchen windowsill is a real privilege.

There are plenty of really good plants you can grow inside all year round that can produce crops for you, even at this time of year.

With windowsill crops becoming ever more popular, here are my favourite six:

CRESS

For starters, try cress. You can germinate cress seeds on a bit of damp kitchen roll placed on a saucer, with the seeds literally sprinkled on top.

The germination time is pretty juick (just a few days) but you also get hree kicks – it's great fun preparing and sowing the seeds, you get the excitement of watching them germinate, and you get to harvest them to nave with freshly scrambled egg.

Sprinkle with a dash of salt and cracked pepper, spoon it on to some

Regular feeding gives plants the energy to grow more foliage

crusty bread, then scatter some fresh crunchy cress on top. Perfection!

If you sow more seeds every two weeks, you'll have a continuous supply. Take your cuttings when the eedlings reach 5cm tall.

BASI

This is perfect for using in most soups, salads and sandwiches to get that Italian taste to your food.

You can buy small basil plants from garden centres then just sit them as a permanent container on your kitchen windowsill – or if you prefer, you can sow basil seeds direct.

The secret with growing indoors is that you want to crop your plants on a regular basis.

The heat in the room tends to draw them up so they grow a bit leggy. So aim to crop and use them regularly to let the plant re-sprout.

Of course, any plants in containers that you're cropping regularly need a little bit of feed.

Miracle-Gro is great for that – you can water it down in recycled plastic bottles and just reuse these as little watering containers.

By regularly feeding, you give the plant the energy to grow more foliage.



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MUNG BEANS

Similar to cress, mung beans, often referred to as beansprouts, can grow almost anywhere - and they're an increasingly popular component of perfood dishes.

These legumes are perfect to grow at home as they are quick and easy. But they are also hugely nutritious, which is why they get tagged as a superfood. Soak your seeds for eight





SHALLOT OR NOT Give onions a go

crunchier because of the pressure.

PARSLEY

Much like the basil, you can grow this

When it comes to overwintering vegetables, there are a lot of outdoor crops you can plant in readiness for nutritious harvests next year. Both onions and garlic are perfect. and virtually look after themselves garden centres sell them prepacked. and there are many different types. White onions, red onions and shallots and broad beans can be established will grow happily through the winter. Likewise with garlic - so many

different flavours, from strong to mild cloves, you can buy to plant. Garden

features@sundaymirror.co.uk

The great indoors

MED FOR IT Basi

OFFER of the week

Winter Beauty is a fantastic clematis that produces dainty white bell-shaped flowers.

They bring gorgeous life to your vinter garden in December through to February, as well as luxury evergreen foliage all year round. Height 4m, 7cm pot plants supplied

Buy ONE Clematis Winter Beauty for £11.99 or order TWO for £19.98 and save £4.

Delivery within 14 days. To order by debit/credit card call **0843 922 5000** quoting SMTG083 or send a cheque (using blue or back ink), made payable to 'Garden Offers' to: Mirror Clematis Winter Beauty Offer (SMTG083), PO Box 64, South West District Office. Manchester, M16 9HY or visit mirrorgardenoffers.co.uk





This powerful Bosch garden shredder is ideal for making leaf mulch out of autumn windfall.

It'll whizz through green garden material and smaller twigs, creating ready-made mulch for the compost heap or flower beds. It's currently £142.99 on amazon.co.uk

hours before sowing and place them Parsley is a beautiful plant - those small addition into your cooking that use in salads and sandwiches. I usually My top tip is to put a weight on top perfect in dressing or grated on top of of the seeds while they grow - the new potatoes with butter.

sprouts will grow thicker and be Curly parsley, such as that in my Another easy-grower is speedy salads. richly aromatic flavour to all manner outside earlier in the year also work of sayoury dishes.

You can cut them at any time of year, You're not looking for these plants to

on to the cloth, jar or seed sprouter. crinkly, deep-emerald leaves look packs a punch in the nutrition area.

with DAVID DOMONEY

SPEEDY SALAD

Mr Fothergill's seed range, can give a Many of the lettuces you might grow of leaves before the plant tires out. really nicely when grown indoors.

from seed or buy small plants. Don't and regular sowing will result in a get old, just to produce a lot of young forget to feed and crop regularly too. plentiful succession of leaves for a fresh foliage that you can clip off and

veg and make your garden glow

centres are also selling pre-grown plant



varieties, such as perpetual spinach, that can go in borders and you can continually crop throughout the year. Robust varieties such as winter kale

now for an abundance next year. These dark leafy vegetables also happen to be choc-full of goodness.

plates with vitamins A. E and K. as well

as minerals such as magnesium and iron. Some thrive in containers for flexibility in where you place them useful in bad weather. Smaller pots are affected by cold and need frost protection.

■ To give your garden a real winter lift, why not check out Illumination Street, sponsored by Safestyle UK.

This national Christmas campaign encourages you to illuminate your outdoor spaces - and even offers cash The high yields will grace your dinner prizes. Visit illuminationstreet.com or search #illuminationSt to learn more.

SIMPLY THE CRESS Easy to grow and adds extra bite

have a large pot in a light porch by the back door when it's not too hot.

When the foliage has matured, crop them and re-water to get another flush

Then use the remaining seeds in the packet to replant. You get hundreds of little seedlets in there so you can just keep going and growing.

MUSHROOMS

There are many different mushroom kits - you can get them from most garden centres or online and, with Christmas around the corner, these little kits are really something.

They often come with the mushroom compost and pre-spawned substrate, and you just situate them in a dark room or cupboard.

Once they're ready, you can pick your own fresh button mushrooms for a Christmas Dav frv-up.

It's not just the goodness of growing your own or that it saves money filling your kitchen with greenery gives it a real living sense as the main source of sustenance and nutrition for yourself and your family.